

Matt Stout
the STR Loan Guy, Loan Originator, E Mortgage Capital & Consumers Financial
NMLS# 248427
2834 S Highland Dr Salt Lake City, UT 84106

Mobile: 801-403-1792
greenteam@icansavemoney.com
View My Website

Lowest Rates in Over a Year. What Now?

Without question, 2016 continues to be one of the wildest rides in recent memory for financial markets. This hasn't been good for 401k balances, but it has been great for mortgage rates. The average 30yr fixed rate quote is now back to the **lowest levels in more than a year**.

The fact that rates have moved lower so quickly despite the Fed hiking its policy rate in December has created a fair amount of confusion and questions. Let's take a moment to **break down** why we are where we are, what's important to whom, and where we might be going from here.

There are several ways we can justify the current levels in stocks and bonds. Before we do that, we have to remember that mortgage rates are not directly tied to the Fed Funds Rate (read more about that here). While it's true that mortgage rates do tend to **generally** follow the Fed rate eventually, we must also consider that markets have quickly changed their expectations about Fed hikes. At the beginning of the year, traders saw the Fed moving up to 1.0% by December 2016. Now they see **NO hikes** until mid 2017.

More important to rates is the global economic picture, or rather, what the global economic picture has done for the bond markets that underlie mortgage rate movement. One of the most basic examples of the big picture fear is the stock market. Simply put, investors are worried that we're entering the same sort of downtrend seen after the last two economic cycles. Both of those lasted almost exactly 7.5 years. If this trend were to match the previous trends in intensity, we've only just begun to see stock market weakness.

National Average Mortgage Rates



Mortgage News Daily	Rate	Change	Points
30YR Fixed	7.17%	-0.05	0.00
15YR Fixed	6.80%	-0.05	0.00
30YR FHA	6.80%	-0.09	0.00
30YR Jumbo	7.37%	-0.03	0.00
7/6 SOFR	6.66%	-0.07	0.00
30YR VA	6.82%	-0.08	0.00

Rates as of: 11/5

MBS and Treasury

	Price / Yield	Change
MBS UMBS 6.0	100.37	+0.02
10 YR Treasury	4.8425	+0.0073
30 YR Treasury	5.2576	+0.0021

Pricing as of: 11/5 7:17PM EST

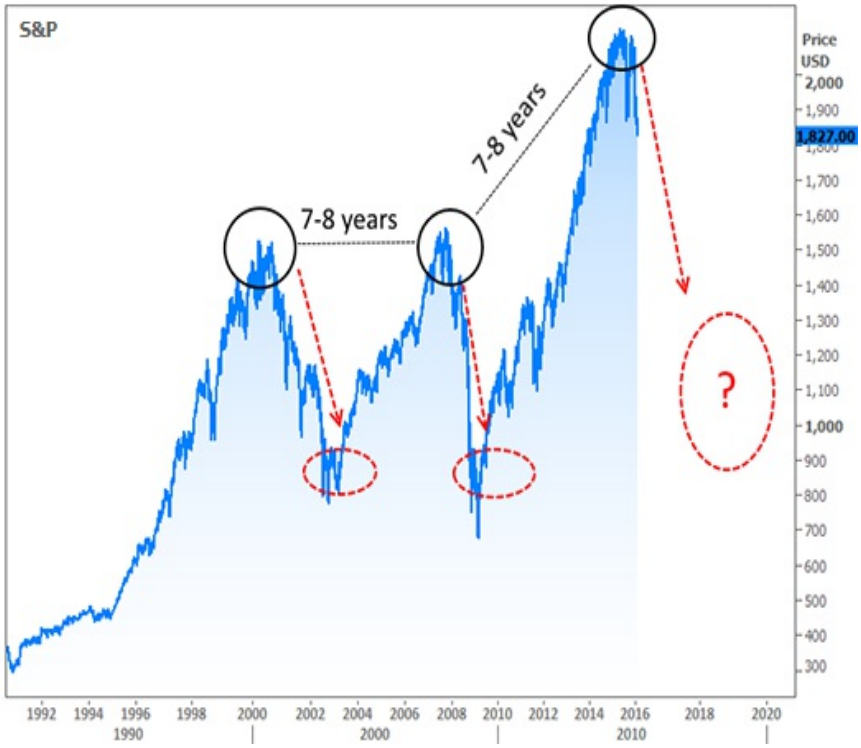
Recent Housing Data

		Value	Change
Mortgage Apps	Oct 21	195	+3.39%
Building Permits	Sep	1.4M	+0.43%
Housing Starts	Sep	1.22M	-4.24%
New Home Sales	Sep	676K	-1.17%
Pending Home Sales	Aug	71.2	0%
Existing Home Sales	Oct	3.99M	+0.25%
Builder Confidence	Oct	29	-9.38%

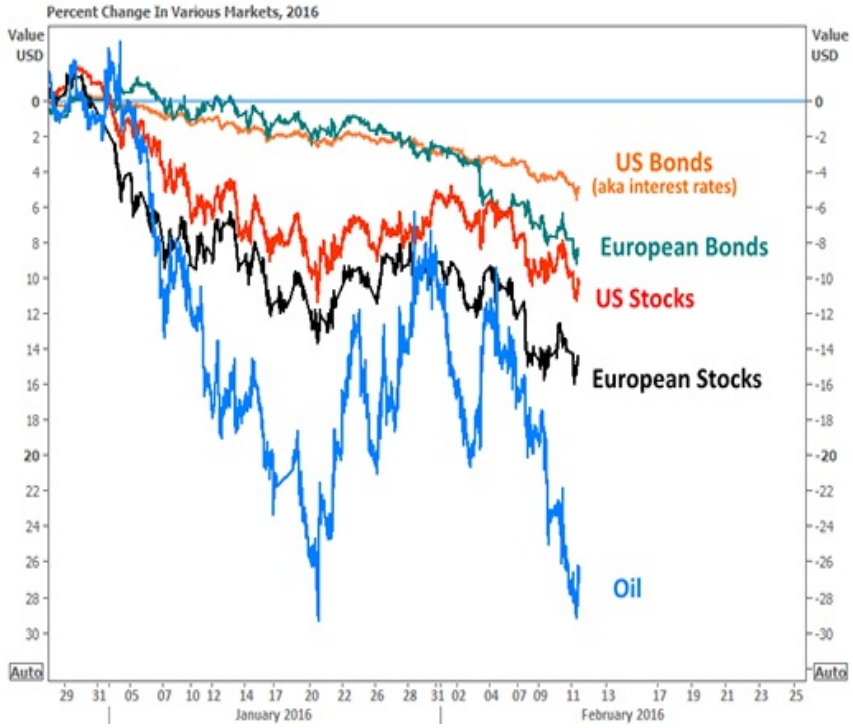
© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://mortgageratesupdate.com/thestrloanguy



But the world is more complicated than that. It's **not just about the US stock market** any more. The dramatic drop in oil prices and foreign stock markets makes the move in the US look tame by comparison. This chart shows the percent change from the end of 2015 in various market indicators. As you can see, 10yr Treasuries (a good up-to-the-minute proxy for mortgage rates) are moving at a leisurely pace by comparison.



© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://mortgageratesupdate.com/thestrloanguy

In the chart above, you might also have noticed that European markets have been doing worse into the beginning of February. This has increasingly contributed to the uncanny drop in US interest rates because the bond markets that drive interest rates act as a safe haven for investors pulling money out of riskier assets. If you understand the idea of re-allocating a 401k to "**more bonds, less stocks,**" that's all that's really going on here, but on a massive, global scale.

So how long will this last and how should you play it? First of all, there is no way to know where rates will go! (Remember, predicting rising rates is a very dangerous game.) The proverbial **"falling knife"** is a good analogy. As rates fall, we're increasingly tempted to lock and move forward. But locking too soon only to see rates continue to fall is like trying to catch the falling knife before it has hit the ground. You might time it perfectly or you might get nicked up a bit.

The most rational way to look at the situation is to say that the lower the knife is, the less painful it will be if you happen to misjudge the catch. With rates now **only slightly higher** than 2012-2013's all-time lows, there's less and less potential regret. Just be aware that seemingly big bounces are possible—guaranteed, actually--even if the longer term trend continues lower.

That's why it's **important to make a game-plan with a mortgage professional** who keeps their finger on the pulse of the minute-to-minute changes. Know how much you're willing to see rates rise before locking or know what your target for improvement will be without getting greedy about further gains. Either way, make sure the parties involved are on the same page about what to do and when to do it.

Housing News

Housing-specific news was light this week. The most notable report was Fannie Mae's National Housing Survey that indicated a decline in consumer sentiment on housing. Keep in mind though that the data doesn't quite keep up with the recent market changes and there's a good chance that the lower rates will help things improve. That was certainly true for the MBA's refinance index which surged last week and will likely surge again this week!

Subscribe to my newsletter online at: http://mortgageratesupdate.com/thestrloanguy

Recent Economic Data

Date	Event	Actual	Forecast	Prior
Tuesday, Feb 09				
1:00PM	3-Yr Note Auction (bl)	24		
Wednesday, Feb 10				
7:00AM	w/e Mortgage Refinance Index	2117.2		1827.6
7:00AM	w/e MBA Purchase Index	221.6		221.1
Friday, Feb 12				
8:30AM	Jan Export prices mm (%)	-0.8	-0.9	-1.1
8:30AM	Jan Retail sales mm (%)	+0.2	0.1	-0.1
8:30AM	Jan Import prices mm (%)	-1.1	-1.4	-1.2
Monday, Feb 15				
12:00AM	Presidents Day			
Tuesday, Feb 16				
8:30AM	Feb NY Fed manufacturing	-16.64	-10.00	-19.37
10:00AM	Feb NAHB housing market indx	58	60	60
Wednesday, Feb 17				

Event Importance:

No Stars = Insignificant
☆ Low
★ Moderate
★★ Important
★★ Very Important

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://mortgageratesupdate.com/thestrloanguy

Date	Event	Actual	Forecast	Prior
8:30AM	Jan Housing starts number mm (ml)	1.099	1.170	1.149
8:30AM	Jan Build permits: change mm (%)	-0.2		-6.1
Thursday, Feb 18				
8:30AM	Feb Philly Fed Business Index	-2.8	-3.0	-3.5
Friday, Feb 19				
8:30AM	Jan CPI mm, sa (%)	0.0	-0.1	-0.1
8:30AM	Jan Core CPI mm, sa (%)	+0.3	0.2	0.2
8:30AM	Jan Core CPI index, sa	245.23		244.52
Wednesday, Apr 13				
1:00PM	10-yr Note Auction (bl)	20		
Thursday, Apr 14				
1:00PM	30-Yr Bond Auction (bl)	12		

Getting a mortgage doesn't have to be painful!

I specialize in STR/Airbnb financing & am licensed to offer all types of mortgages in most markets. I've funded over 4300 loans & am dedicated to helping people succeed. I love sharing hot properties that are perfect for Airbnbs & helpful homebuying tips. Visit www.IcanSaveMoney.com or call (800) 340-5465 to find your best options today NMLS# 248427/1416842. #thestrloanguy

Matt Stout 

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://mortgageratesupdate.com/thestrloanguy