Casey Sullivan
Loan Officer and Branch Manager, The Sullivan Group at CrossCountry Mortgage
NMLS237837, CrossCounty Mortgage NMLS3029, Branch
2125 Oak Grove Rd. Ste. 328 Walnut Creek, CA 94598

Office: 925-395-4212
Mobile: 925-789-0065
casey@thesullivangrp.com
View My Website

Rates Could Still Go Lower, But With a Price

Interest rates continued to **move lower** this week as bond markets followed through on their initial reaction to last week's Fed Announcement. They were helped along by a series of weaker-than-expected economic reports including the April employment data released on Friday.

Historically, we've seen far more correlation between economic data and market movement than we're seeing right now. That's because markets are only interested in **very specific clues** that might be gleaned from the data. Specifically, markets want clarity on the Fed's rate hike path and a better read on the risk of a major downturn in stocks or the economy.

It should be noted that market participants typically haven't had to worry about both of these eventualities (Fed hikes and bear markets) at the same time. Fed hikes are usually well underway by the time stocks maintain bull market status for a few years. This time around, the stock rally was **already "old"** by historical standards before the Fed began hiking.

Enter the curveball: growing doubt that the Fed will even be able to hike before the next economic downturn. Markets now see the SECOND fed rate hike happening in 2017!

Earlier this year, the Fed's reluctance to hike helped stocks pull up from their nosedive. Now that stocks have corrected, all that remains is uncertainty. The **question at the back of everyone's minds:** if stocks can't break to new highs with the Fed holding rates this low, how can they possibly avoid another nosedive? How can the Fed continue its plan to hike rates if it brings about the next recession?

This burgeoning uncertainty is helping rates stay inside the ranges seen in the following chart.

National Average Mortgage Rates

Mortgage News Daily	Rate	Change	Points
30YR Fixed	7.29%	-0.06	0.00
15YR Fixed	6.95%	-0.05	0.00
30YR FHA	6.91%	-0.08	0.00
30YR Jumbo	7.55%	-0.05	0.00
7/6 SOFR	6.88%	+0.02	0.00
30YR VA	6.92%	-0.08	0.00

Rates as of: 10/29

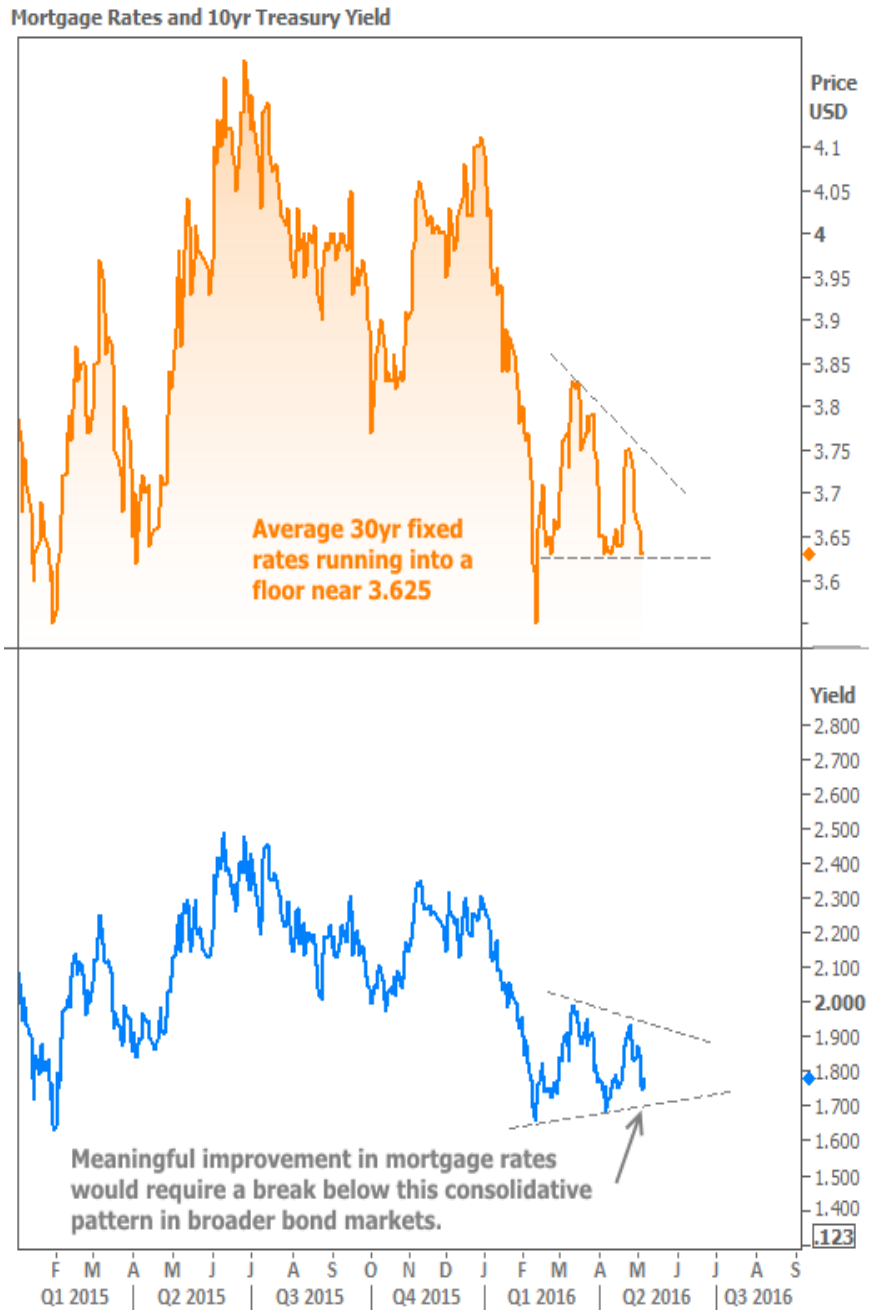
Recent Housing Data

		Value	Change
Mortgage Apps	Oct 14	188.6	-5.32%
Building Permits	Sep	1.4M	+0.43%
Housing Starts	Sep	1.22M	-4.24%
New Home Sales	Aug	684K	+12.69%
Pending Home Sales	Aug	71.2	0%
Existing Home Sales	Oct	3.99M	+0.25%
Builder Confidence	Oct	29	-9.38%

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://mortgageratesupdate.com/caseysullivan



For the sake of perspective, here's what's at stake in the event that interest rates are indeed able to break lower. The following chart is a longer-term view of 10yr yields and stocks. If rates break lower, it would set us up for a run at all-time lows. But the price of admission could be a move into **bear market** territory for stocks.

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://mortgageratesupdate.com/caseysullivan

In **housing-specific news**, there were several readings on home prices out this week. As has been the case, gains continued to be the norm. CoreLogic's Home Price Index was substantially higher yet again, with March prices 6.7 percent higher than March 2015 and 2.1 percent higher than February.

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://mortgageratesupdate.com/caseysullivan

Home price gains are a double-edged sword according to Black Knight's Mortgage Monitor report. The firm noted the impacts on affordability as the overall decline in mortgage rates hasn't been able to keep up with the pace of rising prices.

Both **Fannie and Freddie reported earnings** this week. Freddie Mac posted its first loss since 2012, but it wasn't enough to trigger a draw on its line of credit with the US Treasury. Even if it did, Freddie is definitely back in black considering it's paid $98.2 bln back to Treasury versus the $71.3 bln it received in support. While there had been some speculation that Freddie would need to request additional taxpayer funds

Fannie Mae posted a profit and thus will be adding to the money already paid back to Treasury. With this quarter's expected dividend, the total comes to $148.5 billion versus a cumulative draw of $116.1 billion.

Subscribe to my newsletter online at: http://mortgageratesupdate.com/caseysullivan

Recent Economic Data

Date	Event	Actual	Forecast	Prior
Monday, May 02				
10:00AM	Apr ISM Manufacturing PMI	50.8	51.4	51.8
10:00AM	Apr ISM Mfg Prices Paid	59.0	52.0	51.5
10:00AM	Mar Construction spending (%)	+0.3	0.5	-0.5
Wednesday, May 04				
7:00AM	w/e Mortgage Market Index	488.4		505.4
8:15AM	Apr ADP National Employment (k)	156.0	196	200
8:30AM	Mar International trade mm $ (bl)	-40.44	-41.5	-47.1
10:00AM	Apr ISM N-Mfg PMI	55.7	54.7	54.5
10:00AM	Mar Factory orders mm (%)	1.1	0.6	-1.7
Thursday, May 05				
8:30AM	w/e Initial Jobless Claims (k)	274	270	257
Friday, May 06				
8:30AM	Apr Non-farm payrolls (k)	+160	202	215
8:30AM	Apr Unemployment rate mm (%)	5.0	5.0	5.0
Tuesday, May 10				
10:00AM	Mar Wholesale inventories mm (%)	+0.1	0.1	-0.5
1:00PM	3-Yr Note Auction (bl)	24		
Wednesday, May 11				
12:00AM	Roll Date - Fannie Mae 30YR, Freddie Mac 30YR			
7:00AM	w/e Mortgage Market Index	490.5		488.4
Thursday, May 12				
8:30AM	Apr Import prices mm (%)	0.3	0.5	0.2
8:30AM	Apr Export prices mm (%)	0.5	0.1	0.0
Friday, May 13				
8:30AM	Apr Retail sales mm (%)	1.3	0.8	-0.4

Event Importance:

No Stars = Insignificant
☆ Low
★ Moderate
★★ Important
★★ Very Important

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://mortgageratesupdate.com/caseysullivan

Date	Event	Actual	Forecast	Prior
10:00AM	Mar Business inventories mm (%)	+0.4	0.2	-0.1
Tuesday, Jul 12				
1:00PM	10-yr Note Auction (bl)	20		
Wednesday, Jul 13				
1:00PM	30-Yr Bond Auction (bl)	12		

About Casey Sullivan

Casey is a dedicated and dependable mortgage loan officer. His clients count on him to be their skilled, experienced, and focused consultant, listening to their needs.

He skillfully assists his clients with both refinancing and home purchases in California and more specifically the San Francisco Bay Area.

His vision is to build lifetime relationships with each client as their mortgage consultant...for life! He stays connected with each client well after closing which includes loan reviews and dependable market updates.

Casey believes that everyone deserves to completely understand their mortgage financing options and that one size does not fit all when it comes to mortgages. Nor does it apply when it comes to mortgage lenders. All lenders are not made the same and they are not all equal.

For a free consultation, contact Casey Sullivan today at 925-395-4212 or Casey@TheSullivanGrp.com

NMLS237837. CrossCounty Mortgage NMLS3029, Branch NMLS1553210Branch NMLS ID# 313318
An Approved Equal Housing Lender

Casey Sullivan

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://mortgageratesupdate.com/caseysullivan